



Jeff's Jots

Air Date 11-19-2020

Your Self-Tape Acting Mistakes

Intro/Promo: website visitor -Free Book, Free Video-Casting Director
Secrets-Castingactorscast.com

Request for Feedback: Your video auditions live evaluation for future podio's?

Actor mail

Main Topic: Your self-tape ACTING mistakes

- *Reader placement/recording
- *Watching yourself performing-The camera is not judgmental
- *Not creating moments (reactions/beats/listening)
- *Underprepared/over rehearsed-3 or 4 takes only please!
- *Literal interpretations not enriched choices

Once you are happy with your technical arrangements for your audition, it is time to expend all your energy and focus into the acting of your video.

Being spontaneous is much more interesting than showing spontaneous!

Remember to send me your audition video IF you would like me to critique your self-tape audition on air at castingactorscast@gmail.com.

Your support means everything so please review/like/share/contribute/subscribe, in other words, show me some love if I helped you. Let me know what you thought about today's episode of Casting Actors Cast!



Jeff's Jots

Air Date 05-07-2020

Learning from a distance?

Best practices for classes in acting/Show business instruction

What works and what doesn't?

1. identify what you should consider

What is being offered vs what you need to stay sharp and productive

Examples: scenes, monologues, film & TV, Business, motivational, audition, puppetry...

Practical applications that work with the technology: Self tape/how to/Voice over/monologues/

Other options: Mentorship/individual sessions/career coach/peer group meetings

2. What might not be the best choice and why

Scene work with physicality

musical theatre? Voice class could work. stage combat?

Inconsistent group dynamics (in/out actors or instructors)

Working from distance has the added benefit of working with the new normal...camera/distance auditions!



Jeff's Jots

Air Date 10-22-2020

Re-Charge Your Career Battery

10 Steps to being a better acting professional

- 1) Dream Big-Wave the magic wand
- 2) Find a new acting teacher
- 3) Set a daily routine (3 things a day toward career)
- 4) Refresh your audition wardrobe
- 5) Connect with another actor at the same level as you
- 6) Change your workout routine
- 7) Re-evaluate your workout routine
- 8) Plan your next headshot routing
- 9) Update your resume
- 10) Reach out to 3 casting directors; "I love your work"

Taking these steps will re-vitalize your perspective and provide new energy toward your career goals. Don't try to do everything perfectly. The attempt to make the list work is sometimes enough to gain momentum.



Jeff's Jots

Air Date 05-0702020

Learning from a distance?

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Jeff's Jots

Air Date 10-29-2020

Casting Director and agent; a power couple?

Many actors don't know much about the relationship casting has with your representative (agent/manager). Knowing about that dynamic will help you better understand how and why your career is progressing the way it is. It definitely has an impact. So let's un-pack this power coupling of the agent and the casting director!

- * Casting directors are advocates of the project (producer/director/artistic director)
- * Agents (managers) are talent advocates...paid by the actor for the advocacy
- * The relationship between the two are a varied as the people in those jobs
- * Agent/manager
 - o Business first-negotiator/contracts/career objectives
 - o Career development (growth vs capitalization)
 - o In it for the duration (mostly). Reputation counts
- * Casting Director
 - o Project oriented/obligated to fulfill the project vision
 - o Employed by the producer/artistic director
 - o In it for the duration. Reputation counts
- * The relationship dynamic
 - o Mutual understanding and the project requirements



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- o Submission of the actor to the CD (availability)
- o Casting process
- o Offer leads to negotiation (may not be the CD's purview)
- * The power couple: each as an agenda for their respective clients but often works toward a mutually beneficial arrangement for all concerned.
- o Working actor means paid actor which means agent is compensated too
- o Working actor means casting is accomplished and CD is paid for their efforts
- o The project is underway and a lot of energy is invested toward it's success!

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Air Date 11-26-2020

Your Acting vs Your Side Hustle-*Finding your career and staying afloat*

Letter from listener

Looking at your choices in a different way:

1) Acting and survival gigs do not have to be in conflict

- * Every job can contribute to your acting (experience in life = unique acting choices)

- * Choose jobs that have flexibility OR is rewarding other than just money

- * Keep your acting goals front and center by blocking out career time in your day

2) Don't lose your big picture goals by negative thoughts about your other job(s)

- * Find support with other actors/coach/classes

- * Embrace your situation not resent it

- * Decide what you will need to be a full time actor (exactly: Money/Location/other needs)

3) Remember why you love acting

- * Recall the defining moment you had to become an actor

- * Project yourself into the future...where do you want to be in 5 years?

- * Scale up your skills

Review:

Not a conflict but situational circumstances

Turn negative thoughts into actionable decisions

Recall the love and scale up your professionalism



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Air Date 11-5-2020

TYPE OR BRAND?

What's the difference?

Type:

Category created by others to help you become identifiable

Type origin: studio system

Potential damage...limits your options (new material?)

Outcome. You may not fit into any type (where do you belong?)

Brand:

What others think of you (3 adjectives)

What works for your personality?

Marketing gold (pictures, resume, all materials)

Outcome: Puts you in control of your choices (not others)

You uniqueness books you the job...not your sameness

When you think about your brand, you are putting yourself in a unique position to control the narrative of your acting career. Roles you play, how you are represented, how to plan the next stages are all better suited if you think in terms of brand.

Remember, type is a category, brand is a specific, unique, manageable impressions about you as an artist.

One gives the power to others, the other puts you in control of how others see you and your talent.



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Air Date 05-28-2020

BLOOM WITH ZOOM

Auditions and classes on the Zoom platform have their own set of issues for actors. As we continue to grow our talent in this quarantine world, it is best to know how to use the platform in a way that can enhance our work not diminish it! Let's bloom with Zoom on today's episode of Casting Actors Cast!

Now, along those same issues, let's talk about classes and audition on Zoom.

During many Zoom classes and auditions that I have been conducting over the past three months, I've noticed some common issues that actors need to know about. Now, you might think that there is not much to an audition or presentation using this technology but if you take a moment to really analyze it, there is a lot to think about. So, let's chat about some common issues and how to deal with them!

1. Technical issues

Lighting

Sound

Background

Shot frame-Headroom-waste/shoulder up fill the frame camera placement

2. Acting issues

Misplaced Focus (on the other character)

Presentational performing (watching yourself)

Not using the other character (Empathy for the other character shows you off more)

Not being present/real/active



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Private Bonus Podio Released November 1, 2020

Casting Secrets: What they Don't Tell You

The 5 casting secrets that you're not supposed to know.

- 1) Casting is not a science or art....it's a service! Producers and directors hire casting directors to filter out the actors based on the project's vision and then make their casting decisions with their gut instinct and factors such as being qualified for the part, availability, reputation.
- 2) Everyone is afraid.
- 3) It's about Risk VS Reward. Taking a chance is harder than a sure thing for casting directors but sure things are usually not as interesting.
- 4) There are factors as an actor you cannot control:
 - a. Your physical presence (body type). Pretty, handsome odd, unique, ethnicity, sense of humor, quirky, etc.
 - b. Height/Hair/Eyes
 - c. Other actors in the other roles
- 5) You should know that there is a casting percentage equation.
 - a. 30% Talent
 - b. 30% Physical
 - c. 20% Perception we have about you
 - d. 10% Instinct about you in the role



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Air Date:

Your Auditions; Don't Do This!

Very few things annoy me when I audition actors. I really enjoy the process and love to see accomplished talent show me how they would play the part. I have had actors faint, cry, mumble and explode...and that was before the actual audition! Here are some things I have experienced in auditions that are quite detrimental to the actor and can sabotage their chances of getting realistic consideration for booking a role. In other words...Don't Do This!

- 1) Be unprepared: Probably the most obvious but still happens despite the constant reminder. Read the play, the script, the sides, the authors work, the Casting Directors background.
- 2) Be distracted by outside occurrences. Too many times there is something weighing on the actors mind that pushes us away. Be present. Be interested in who you are meeting.
- 3) Have a question when asked, "do you have any questions?" Most of time it is a kindness by the director/producer and not a que to feel compelled to ask.
- 4) Show your desperation. We assume you want the job. Please don't put us in the uncomfortable position of having to listen why you need it. Be enthusiastic about the role though. Loving a script and sharing that is a good thing. (Genuine emotion is a good thing).
- 5) Mis-interpret what you hear after the audition is over. "Good Job", "Great", "Nice Work" are usually meant in an appreciative way and do not indicate the degree of interest in hiring you.

In their nervous excitement, actors can, without intending to, make choices that are self-sabotaging. Sometimes unconscious behaviors can alter our perceptions about you as a talent. Embrace the opportunity you have in a audition and out yourself in a collaborative environment rather than a judgmental one.

JD



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Release Date: 01-07-2021

What's the deal about Acting Reels?

What are they?

Showreel, Demo reel, video audition

What are they for? Casting Directors, Agents, Producers:

How you look and act on camera...

See if the Style of acting is useful for them

Demo: Snapshots of productions you've been cast

Show reel: Scenes showing how you cast yourself

Video Auditions: Specific material for specific projects (auditions)

Why are they necessary or are they?

Can convey your acting "season" and how well suited you are for a role

Agents/managers can see your work if they are unfamiliar with you

Casting directors become familiar with your technique and presence on camera

Demo (only): Who you've worked with what shows you've been cast

If they are good they can be useful but there are many factors to consider

1) Show reels: Sometimes overproduced and not a showcase for you

2) Demo's: Best work at the top of reel. 2-3 minutes total.

3) Both: You have cast yourself well for you NOW. The Material is perfectly suited to your present castability.

4) Show-reels: Well matched partner/specific uncomplicated scene/

5) Demo: Having a Scene with a "fancy" actor is always helpful

How to decide what is best for you:

Reverse engineer your steps for creating a reel: Showreel or demo?

Who is it for?

Is it worth the time and cost? Editing/producing

How are you going to use the reel/demo?

An excellent video audition submission is often better than a show reel

Sometimes it is better to wait until you have enough material rather than create something that looks manufactured

Final thoughts

This is an important tool for the industry. Done right, it can open doors and accelerate a career.

Poorly done, it can leave a bad impression of where you are in your career and set you back financially. Take time to think through the purpose of your video and whether you will move ahead or spin your wheels because it does not achieve what you need it to do.



Jeff's Jots

Release Date:

“Lights, Camera, ACTION!”

Does this phrase make you nervous, excited, tense or maybe even happy? This phrase, when taken literally, is about you on a set, ready to act, ready to create through your character. As an actor, there is no better moment than hearing that phrase. Really. We'll talk about that moment and also dissect the phrase into the perfect metaphor for your acting and your acting career. In this episode of Casting Actors Cast, the Podcast and video or Podio for actors!

Introduction

Sponsor mentions.

Being on a movie or TV set

- 1) The waiting game
- 2) Feeling prepared; Recall the audition, breathe
- 3) Ready to work/constructive confidence
- 4) Re focus nerves into the right container

During the shoot

- 1) Multiple takes mean staying present
- 2) Don't think more is better
- 3) Enjoy the rife (Why you wanted to do this in the first place)

It's a Wrap

- 1) Professional courtesy
- 2) Exit stage right (don't hang around)
- 3) Reward yourself/spread the word

The Metaphor:

Lights: Shine a light on where you are in your career right now

Camera: Know what tools you need to accomplish the goals. See the purpose

Action: Make a plan, forward movement is the right direction. How to get it done

Whether you are on the set or planning on being on the set, it is a matter of having then trusting the tools while you move forward with your acting career journey!

JD



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Release Date:

HOW TO MAKE A SLATE GREAT!

"Hello, I'm Jeffrey Dreisbach?"... "What's up, this is Jeff Dreisbach"..."Hi, I'm Jeffrey Dreisbach and I am reading for Hamlet...I am 6'2....on a good day!". Your slate is the proverbial handshake and first impression we get from you. I have seen actors "loose out" because of a bad slate. No kidding! Let's end the great slate debate and give you the right way to make your slate great on this episode of Casting Actors Cast, the podcast for actors from a casting director...that's me....Jeffrey Dreisbach!

Tease content

Intro

National Monologue slam February 16th & 23^d

We Audition.com CAC25 for a 25% discount-Self tape partner-Audition and meetings-industry advice. Become a member today!

Slates are used in every audition situation you can imagine; Voice over, self tape auditions, live meetings on Zoom, and, in-person soon!

- History of the slate
- What are they used for today?
- Why are they important?

Voice over slates:

- Not in "Character"
- Warm/meeting someone for the first time
- Breath, beat, moment before the read

Film/TV Slates:

- Looking into the camera lens
- Warm/friendly/ genuine moment
- Breath, beat, pause before read

Live, in person slates:

- Eye contact
- Genuine interest in the other
- Not a formal presentational moment (too stiff)

Be careful not to dismiss the value of a good slate. It is a first impression about how you look, sound and an opportunity to show US you. Getting a sense of your personality, energy and sincerity can leave a lasting impression long after the actual audition is over. While the importance of a good slate has been discussed, over thinking it can also cause you to feel presentational or over rehearsed. Use the moment to connect then invest in the most important thing...your audition JD



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Release Date:

What to Say at an Agent Meeting?

Congratulations! Your hard work has paid off. You just got a call or email from the agent you've been wanting to meet. This could be a crazy great turning point in your acting career! Auditions, roles, bookings here we come! Wait...what are you supposed to do at this meeting? What are they going to ask? What if they don't like you? What if you blow it? This could be a career killer! Don't let this get you down. Let's talk about this in a clam, rational way. You've come to the right podio...podcast video. I'm here to help. I'm Jeffrey Dreisbach and this is Casting actors...Cast!

Intro

Actors Connection mention

We Audition.com

1. Know who the meeting is with...do your research.
2. What took place that led to this meeting happening.
3. What questions can you anticipate?
 - a. Tell me a little about yourself?
 - b. What kind of roles are you looking for (Theatre/film/television)?
 - c. Who have you met within the industry?
 - d. Question: Do you have any questions?
4. What are they really looking for?
 - a. Can carry a conversation in a friendly professional manor.
 - b. Has an idea about what is taking place within the industry and market.
 - c. Help with assessing their castability. Know the roles.
5. What are your questions?
 - a. Don't ask about their current clients!
 - b. How do you like to work? Staying in touch/reaching out
 - c. Should this feel like a good fit, what is the next step
6. Freelance or sign?
 - a. Usually a trial period is a good idea (dating vs marriage)
 - b. Don't decide the outcome...wait. Breathe. Take time to think and research.
7. Know that a first meeting does not usually come with an immediate decision from you or the rep!

The best meetings happen when you are genuinely interested in the agent and their journey. Remember you are not being grilled but being looked at as part of the team that is already in place. Therefore, be a team player and enjoy the ride!



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Release Date:

Why An Actor website?

Maybe it's just me but I am surprised that Actors are still asking me about whether or not they need a website. C'mon people, this is 2021 (last time I checked) and we need to get it together! YES! You need a website. It is just as important as your picture, resume and tap shoes. OK, the tap shoes are optional. So let's have this conversation and answer the question, "Why an Actor Website" On this episode of Casting Actors Cast, the podcast video or podio for actors!

Intro

Actors Connection-April Classes actorsconnection.com/NewYork

National monologue slam March 30th with a prep date of March 28th! Nationalslam.com

Here are the 5 reasons you need a website

1. A central location for all your performance media (social/Video/blog)
2. An easy way to contact you (if you have a searchable name dot com)
3. A resource for finding out more about you
4. A website is a statement about you as a professional in the business
5. Promotional/branding gold for you to get the word out about your career

5 Things not to include on your website

1. Old pictures or resumes
2. Auditions that you submitted for jobs
3. Production stills that are not really excellent
4. Personal information that is not profession related
5. "Fan" style blogs or social media cross links (blog/instagram/youtube videos)

5 Things that are needed on your website

- 1) Clean, professional not overly produced graphic styles
- 2) Current information for contacting or connecting with you (social/email)
- 3) If blogging, make it current
- 4) Demo reels (Acting, Voice over, Modeling, singing, etc.) That are easy to navigate
- 5) .pdf of your resume that is an easy click.

I think we can all agree that the website is an important tool for casting/representation/producers to get in touch and learn more about you. Take the time to do it right and you will be ready for the next right opportunity.



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Release Date:

Are you an ACTOR OVERTHINKER?

So, the actor says to me, "I'm trying to make the scene work by applying everything I've learned in class!". "Really", I said, "and how is that working out for you?" "Not great. I can't seem to remember anything including the words! "I'm a disaster!". You are not a disaster...you are an actor. An actor with a solvable situation. Let's have a conversation about an issue I've seen with more and more frequency. The ACTOR OVERTHINKER, on this episode of Casting Actors Cast, the podcast and video for you! The over thinking actor!

Intro

Actors Connection mention

We Audition.com

We don't have problems...we have situations!

Actor overthinkers come take several forms:

The smart actor:

Creative perfectionist/never satisfied always analyzing.

Impossible to be objective about the work because it is result oriented

Solution: Turn the focus away from self and into the character's behavior

Less result oriented and more connectedness with the other character

The insecure actor:

Compensate the potential for rejection by presenting and not being

Decide that if you are not "working at it" it is not good

Solution: Decide that you are unique and enough

Stay open to creative choices that are spontaneous

The angry actor:

Try to be "edgy" and show an affected side of their personality

Question others, question the writing, question the notes that are given

Solution: Ask yourself how this approach serves you

Take your internal "temperature". Listen more, talk less.

These are three examples of the overthinking actor. Good acting is created and then left alone for exposed for others to feel and respond to. The overthinking actor has to simply learn how to share themselves and then leave it alone. Keeping it simple is the key. Re-directing your energy toward being in the moment can stop your overthinking and start landing solutions so you can stress less!



Jeff's Jots

Release Date:

What is a "Chemistry Read"?

There are times when you might be asked to do a "Chemistry read". Do you know what that really means? How do you prepare for it? What can you actually do to make this next step in the audition process work to your advantage? In today's episode of Casting actors Cast, I will spell it out for you so that the next time you are asked to participate in a Chemistry Read, you will know exactly how to act with your acting while acting with another actor....

Introduction

Actors' connection shout out

Chemistry read: Definition

Being paired with another actor to see if they are a good match for each other.

- 1) Physical appearance
- 2) Acting choices
- 3) That special something that makes the relationship compelling.

Common issues with working with another actor in a chemistry read

- 1) Need for immediate connection detracts from the work
- 2) Unwilling participant (Different point of view)
- 3) Your inner voice is a third participant

How to make a chemistry read work

- 1) Remove expectations and outcomes
- 2) Find empathy in the other character
- 3) Connect with something about the other actor (looks, personality etc.)
- 4) Be receptive to the other actors' choices without compromise

What if it feels like it isn't working?

- 1) Make your choices work without their influence
- 2) Become passive or active depending on the character
- 3) Always keep your sense of humor

Remember that a chemistry read is only a moment in time and be careful not to hold judgement against another actor. Ask yourself if you have done everything you can to make moments happen in the scene. Professionalism is the key and a sense of humor is an added bonus. Take the work you put into the scene seriously, then let go of any projected outcome. Embrace the spontaneity that this unique type of audition can provide and do your best to let go of results. The journey is so much more fun when you can enjoy the creative ride rather than control it.

Jeffrey



Jeff's Jots

Release Date:

The Top 5 TV & Film Audition Tips!

As the Film and TV industry regain their footing and rebound after Covid, actors need to be ready for those new projects on the horizon. How are you getting ready? How are you setting yourself up for success? This new season can be just the right time to get ready with your on camera audition skills. I've got the top five TV and Film audition tips to get you started. All happening in the episode of Casting Actors Cast, Insights for actors from a casting director.

Introduction

Actors Connection

1. Prepare the audition the right way
 - a. Don't over rehearse-The audition should feel spontaneous/fresh
 - b. Don't try to recreate what you rehearsed
 - c. Try a variety of choices and pick one that is interesting for you
2. Bring your best self into the room (Zoom or live)
 - a. Be a confident professional
 - b. Engage with real interest the people you are meeting
 - c. Do not try to control the outcome
3. Make sure you are supported technically
 - a. Sound and Lighting (Zoom)
 - b. Clothing
 - c. Script/sides are prepared to your benefit (not a tablet)
4. If given an adjustment, process the information correctly
 - a. Really listen to the adjustment. Reflect on that choice.
 - b. Repeat the adjustment terms to the director/casting director
 - c. Show confidence with the adjustment (before/after)
5. Make a clean exit with gratitude
 - a. Thank you's always work (reader, casting, assistant, etc.)
 - b. Make a note about what you did (Callback might be given)
 - c. Move on. It is only a moment in time.



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Release Date:

The Curse of the Smart Actor

Of the many things I have learned in casting, one of the most significant is that actors are smart...really smart. This might sound like a strange thing to hear but it's true. Smart actors are more prevalent (ooh good word) than ever before because of the training, opportunities, and instant access to information. This is a blessing, but it can also be a curse. What's the curse you might be asking? Well, I am here to share some insights about that very subject. We're going to have fun talking about the curse of the smart actor on today's podio of Casting Actors Cast, the podcast and video for actors from a casting director. Join us!

Introduction

Actors' Connection shoutout

- A) The blessing of the smart actor
 - 1) The approach to the role (material/audition/preparation) is smart.
 - 2) The training actors have had is really comprehensive overall.
 - 3) The smart actor uses various resources and intellect to create interesting character choices.

- B) The curse of being a smart actor
 - 1) Lacking concrete decisions about what is best-leads to uninspired interpretations.
 - 2) Heightened awareness of what others might be thinking-Wasted energy.
 - 3) Never satisfied with the final outcome-could have done something better?

- C) The solution to being a smart actor
 - 1) Stay focused on the thought behavior and not the outcome of the choices.
 - 2) Turn down the critical voices (third eye) in your head and learn about the other character in the scene.
 - 3) Remember to find spontaneous moments. Something unexpected is the goal.
 - 4) Tell yourself that it is only a moment in time and move on!

Whether it is for an audition, preparing for a role, or getting ready to work on set or stage, listening to the critical voice in your head is not a sign of your smartness but speaks to your insecurity. Trust your training and technique. Embrace spontaneity and connect to the moments that are interesting to you. Being a smart actor is awesome, but it can lead to unnecessary influence on your choices when you don't really need it. Learning to ask the right questions as an actor and then let go of the actor and invest into the behavior will lead to amazing creative moments!



Jeff's Jots

Release Date:

Make Virtual Musical Auditions Sing!

We are slowly getting back to theatre casting. It's exciting after a long, long holding pattern that we've all endured. Even musicals are being dusted off and gearing up for those venues that can support them. But guess what. Along with the good news comes some other issues. Looks like we will still be using Zoom for first round auditions! That means you might have to continue to use the technology...even for musicals! How do you make your musical auditions on zoom the best they can be? The answer is here. On this podio (podcast video) I will "vocalize" the way to Zoom yourself so you can book the gig! Don't miss out on this content rich, extremely useful and practical episode of Casting Actors Cast, insights for actors from a Casting Director!

Introduction

Actors' connection mention

Common issues with musical auditions on Zoom

Poor sound all around (Accompaniment, Your mic, Visual elements)

The space to work in

Unprepared with sides/songs

Here are some practical ways to improve your musical auditions on Zoom

- Get the track and voice balance right (Bluetooth/speakers/Sound/Mic)
- Re-evaluate your book for variety and versatility (Music City)
- Frame yourself correctly for Zoom
- Light yourself right on Zoom
- Figure out the camera (Cell phone as webcam?)
- Have the best recording of your track made
- Be ready for a curve ball
- Shift the frame for side reading
- Rehearse the overall presentation (including technical steps)
- Be able to discuss your dancing skills honestly

Whatever the situation, on Zoom or in person, being totally prepared means, you will feel more confident, creative and, therefore, bookable! Make sure you have done everything you can technically when giving a virtual audition and you will make the musical audition process a positive experience for everyone...but mostly for you!



Jeff's Jots

Release Date:

Acting Success Story's

Everyday Actors are being seen for roles in movies, tv, theatre and new media. Self tape, Zoom and even live connections are being made through auditions, performances, and interviews. Perhaps you've even had your own journey with the opportunities that have been available over the past year. I think it's time we recognized those actors who have found success and made an impact on this business we call acting. Let's call this episode Acting Success Story's in the hope of finding a common thread that you can identify with. After all, it's important to celebrate those moments in all of our lives when the stars seem to align, and good things happen, and we realize why we do what we do. Acting success stories on this very special episode of Casting Actors Cast, insights for actors from a casting director.

Jeff's Introduction

Self-tape promotion

Actors Connection shout out

We Audition.com (CAC 25% off membership)

Success story #1-Linda Hunt's performance in The Year of Living Dangerously
Directed by Peter Wier

Success Story #2-Spencer T. Hamp-Pittsburgh Public Theatre
From an AEA open call. Signed with an agent, booked his first tv audition

Success Story #3-Actors who have written to me about their first TV series audition!

What is the common element in these success stories?

- 1) Belief that they can make the most of every opportunity
- 2) Someone who believes in them
- 3) Preparation meeting opportunity head on

What are your success stories? What do you tell yourself about those successes? Are they a fluke or something you believed would happen? Can they happen again? I do not want you to be inspired by my examples, but rather, see yourself in every success because that is ultimately what opens the door for the next success you'll experience.

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